

When you need us...

- When a family member is no longer able to care for themselves
- When you cannot manage the care-taking needs of a family member
- When there are behavioral problems, or complex medical problems
- When long-distance monitoring is no longer effective
- When you need legal and financial advice regarding estate and asset protection.

Contact us on our website at

www.NorthStarCare.net

Or call us when you're ready.

1-888-288-6152



Mark Zilberman, LCSW
NorthStar Care & Guidance, LLC

1-888-288-6152

Email: mark@northstarcare.net
www.NorthStarCare.net

8400 Boulevard East
Suite 3B
North Bergen, NJ 07047

305 Madison Avenue
Suite 2140
New York, NY 10017

NorthStar Care & Guidance, LLC

Devoted to guiding and managing
the medical, psychological and
social needs of seniors, families and
disabled people of all ages.

*Serving New York City and its
suburbs in LI, Northern NJ
and Southern NY State*

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NorthStar Care & Guidance, LLC

Our services include

- Thorough initial and ongoing assessments
- Proactive care management
- Prevention of hospitalizations and crises
- Researching and connecting our clients with all available entitlements
- Counseling and Psychotherapy (Medicare covered)



We also assist our clients in Coordinating and Managing:

- Legal and Financial Advice
- Structural modifications to the home
- Screening and Monitoring in-home help
- Medical and Professional Referrals
- Relocation to Facilities (ALF's, nursing homes, group homes, etc...)



Benefits for your family

We'll help you see the whole picture. Through a complete assessment you'll be able to see the risks of your family's current situation. You'll be advised of what to expect. And we'll provide you with a full range of options, as well as complete assistance in carrying out your plan.



By enlisting the services of NorthStar Care, you're taking the first step toward comprehensive care management. Not only will you feel confident that you are providing the best care for your family members, you'll experience:

- Decreased time away from work
- Avoidance of care crises, hospitalizations
- Prevention of wasted time and financial resources
- Professional guidance in your care management decisions.



About Mark Zilberman



Previously, Mr. Zilberman worked with one of the largest and fastest growing care management and home care corporations in the country. There, he found that families could not be served by large, impersonal organizations with ponderous rules and procedures. Families with elderly, frail, mentally ill or disabled loved ones required much more intensive personal attention and advocacy. These families needed somewhere to turn for guidance, action, and long-term support that was both effective AND personal.

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